



Newsletter
Friday 28th November 2025

Dear Parents and Carers,

We would like to thank everyone who attended Parents' Evening this week. It was wonderful to see so many of you coming in to discuss your child's progress. Your support is appreciated!

We also want to thank those of you who took the time to complete our feedback survey. Your input is crucial for helping us improve, and we are delighted to share the positive results with you:

Table with 1 column and 15 rows titled 'Autumn survey results'. Rows contain percentages and feedback statements such as '92% of parents either strongly agree or agree their child is happy at Fairford'.

It has been another wonderful week of enriched learning at Fairford. We are always keen to provide memorable experiences for our children, and this week was no exception:

- Year 4 kicked off the week with a fantastic Chocolate Workshop. We hope you all enjoyed the delicious truffles they brought home!
Year 6 took part in a fascinating Crime and Punishment Workshop. The children re-enacted a trial, handled real artefacts, and learned a great deal about past legal systems.
Nursery and Reception had an amazing time during their Astrodome Experience! They absolutely loved exploring the stars and planets.

Keep a close eye on our social media for photos and videos of these exciting experiences.

Many of you have been asking about Christmas concerts. They will be held during the last week of the term, on the following dates:

Table with 2 columns: Date and Event. Rows include Monday 15th December (Year 5 & 6 Christmas concert 2.30pm), Tuesday 16th December (Year 1 & 2 Christmas concert 2.30pm), Wednesday 17th December (Year 3 & 4 Christmas concert 2.30pm), and Thursday 18th December (Nursery & Reception Nativity 9.30am).

Don't forget next Friday is our PTA Christmas fair, we would love to see you there.

Thank you once again for your continued support, have a lovely weekend.

Kind regards

Ms. Aujla

Head of School



# Dates for your diary

Monday 1st December 2025	Tuesday 2nd December 2025	Wednesday 3rd December 2025	Thursday 4th December 2025	Friday 5th December 2025
Height and Weight Check Reception and YR6  KSI French Club	Height and Weight Check Reception and YR6	Rock Steady Concert  Choir Club  KS2 French Club		FAB PTA Christmas Fair 3pm-5pm

**Please remember: Children finish at 1pm on 19<sup>th</sup> December**

## Attendance % & Number of Children Lates

### W/E 27<sup>th</sup> November

Ladybirds	82.3%	3
Butterflies	89.5%	4
Dragonflies	92.5%	4
Owls	89.6%	8
Squirrels	81.3%	7
<b>Koalas</b>	<b>92.5%</b>	5
Kookaburras	84.8%	5

Narwhals	95.8%	7
Penguins	76.0%	1
Dolphins	89.3%	4
Sharks	94.5%	4
Whales	80.8%	1
Giraffes	94.2%	1
<b>Lions</b>	<b>97.4%</b>	4
Zebras	81.9%	7
Eagles	82.6%	4
Falcons	94.0%	7
Hawks	97.3%	1

**Challenge– Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!**



# Term dates & Lunch Menu

## Illuminateminds Trust - Term Dates 2025/26

September 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
36	1	2	3	4	5	6	7
37	8	9	10	11	12	13	14
38	15	16	17	18	19	20	21
39	22	23	24	25	26	27	28
40	29	30					

October 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		

November 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

December 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
49	1	2	3	4	5	6	7
50	8	9	10	11	12	13	14
51	15	16	17	18	*19	20	21
52	22	23	24	25	26	27	28
1	29	30	31				

January 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

February 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	

March 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23	24	25	26	27	28	29
14	30	31					

April 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			

May 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31

June 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					

July 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	*17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		

August 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
31						1	2
32	3	4	5	6	7	8	9
33	10	11	12	13	14	15	16
34	17	18	19	20	21	22	23
35	24	25	26	27	28	29	30
36	31						

INSET DAYS

HOLIDAYS

\*School finishes at 1pm on 19/12/25 & 17/07/26



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b>	Chicken Pie 1 Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9  Crushed Potato Cauliflower, Carrots  Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9  Rainbow Pasta 1 Seasonal Vegetables  Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Gammon & Gravy Broccoli Tot 1,7 V Jackets with a Choice of Toppings 7,8,9  Rustic Roast Potatoes, Cabbage, Peas  Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Bolognese Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9  Green Beans Grated Carrots  Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Pork Sausages 1,6 Vegetable Sausage VG Jackets with a Choice of Toppings 7,8,9  Chips, Sweetcorn, Baked Beans Cucumber Sticks  Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG
<b>WEEK TWO</b>	Caribbean Brown Chicken Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9  Rice, Carrots, Peas  Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Cheese & Broccoli Pasta Bake 1,7 V Buffalo Cauliflower Wings & Wedges VG Jackets with a Choice of Toppings 7,8,9  Seasonal Vegetables  Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Ratatouille Puff 1,3 VG Jackets with a Choice of Toppings 7,8,9  Rustic Roast Potatoes Broccoli, Carrots  Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Stew & Dumpling 1 Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9  Cauliflower, Green Beans  Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Salmon Bites 1,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9  Chips, Peas, Coleslaw 9  Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG
<b>WEEK THREE</b>	Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9  Rice, Green Beans, Mixed Salad  Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7,8,9  Sweetcorn, Peppers  Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Pork & Gravy Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9  Rustic Roast Potatoes, Green Beans, Carrots  Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Cottage Pie Herby Tomato Pasta 1 VG Jackets with a Choice of Toppings 7,8,9  Seasonal Vegetables  Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9  Chips, Peas, Baked Beans, Grated Carrot  Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG

Primary 3

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

AVAILABLE DAILY

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



# Information



South London Children and Young People's Community Immunisation Service

## Missed your flu vaccine?

Live or attend school in the borough of Bexley? Aged 4 - 16?

Come down to a flu catch-up clinic and protect yourself!

Thursday 27 November, 14:30 - 16:30 Erith Health Centre, DA8 1RQ

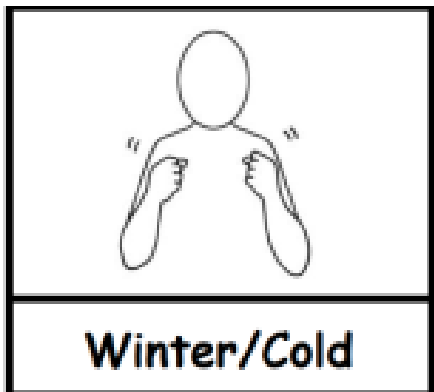
Monday 1 December, 14:30 - 16:30 Erith Health Centre, DA8 1RQ

Friday 5 December, 14:30 - 16:30 Erith Health Centre, DA8 1RQ

Call 020 3903 3380 or scan the QR code for more information or to book an appointment



## Sign of the Week



### What Parents & Educators Need to Know about TIKTOK

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

**AGE-INAPPROPRIATE CONTENT**  
TikTok's following feed shows videos from known creators, while the default for you feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

**CONTACT WITH STRANGERS**  
Between 18 and 1.6 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-18s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to anyone who uses the app, it also suggests their videos to others and allows anyone to download or comment on them.

**BODY IMAGE AND DANGEROUS CHALLENGES**  
Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithms. Harmful challenges have included the "blackout" trend where users hold their breath until passing out. Terrible filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

**MISINFORMATION AND RADICALISATION**  
TikTok's short videos may appear lightweight, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-18-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Short clips can influence impressionable users and shape their opinions, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

**IN-APP SPENDING**  
TikTok is free, but children can still spend money. TikTok coins, costing 25.99p to £226.99, let users buy gifts for creators. TikTok shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

**ADDICTIVE DESIGN**  
TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 52 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Consistency skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

**ENABLE FAMILY PAIRING**  
Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on restricted mode, reducing the chance of a child seeing inappropriate content, set account time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

**DISCUSS THE DANGERS**  
If a child wants to use TikTok and you're happy for them to do so, it's a good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

**BLOCK IN-APP SPENDING**  
Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

**READ THE SIGNS**  
If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parent controls are there for a reason, and it's never too late to introduce a limit.

**Advice for Parents & Educators**

Meet Our Expert  
Alan Martin is an experienced technology journalist who has written for the likes of Wired, Tech Radar, Tom's Guide, The Evening Standard and The New Statesman.

#WakeUpWednesday The National College

Attached with this week's Newsletter is the Wake-Up Wednesdays guide on "TikTok"

# FAB PTA

Please email [our.fab.pta@gmail.com](mailto:our.fab.pta@gmail.com) if you are interested in helping at the Christmas Fair

**WE NEED YOU!**



## Donations Needed

- Soft Toys
- Filled/Empty Jars
- Filled Bottles

FAB PTA'S

# Christmas Fair

Friday 5th December  
15:00-17:00

Support our school and  
create lasting memories  
at our Christmas Fair!

Family Event  
Free Entry

A collection of festive Christmas decorations including gingerbread cookies, candy canes, star-shaped ornaments, and small jars, arranged at the bottom of the flyer.

If you would like to speak to a member of the leadership team please contact:  
[fairfordadmin@illuminateminds.org](mailto:fairfordadmin@illuminateminds.org)

