



Newsletter

Friday 7th November 2025

Dear Parents and Carers,

We hope you all had a lovely half term break, even though it probably feels like a distant memory already!

We are incredibly proud of how smoothly the children have transitioned back to school this week. There has been a lovely buzz and positive energy around the school, and it's wonderful to see the children settled back into their routines and learning.

School Updates & Reminders

A huge thank you for your support with the new book bags and PE bags. It has made a significant difference already in helping the children keep their belongings organised and safe and cloakrooms are less cluttered.

We had a fantastic time yesterday as the children took part in a vibrant Carnival Workshop! It was extremely enjoyable, and the energy was infectious. Please do check Facebook and Instagram for photos and videos from the day.

Communication

As always, we want to maintain strong communication between home and school. Please remember that we operate an open-door policy. If you would like to come in or discuss any issues or concerns with a member of the leadership team, please do get in touch. We will aim to get back to you and arrange a meeting within five school days. If it's a quick query, please use Class dojo to communicate with us.

Upcoming Events

Anti-Bullying Week: Next week is Anti-Bullying Week, with a focus on "*Power for Good*." This important theme will be the focus of our whole-school circle times and assembly, alongside our observations for Remembrance Day. To kick off the week, we invite all children to wear **Odd Socks with their school uniform on Monday**.

Children in Need: On Friday we will be raising money for Children in Need, this will be an own clothes day wearing something yellow or spotty with a donation towards the charity.

Christmas Fair: Mark your calendars! Our annual Christmas Fair is fast approaching on Friday, December 5th. Last year was a huge success, and we would love to repeat that for the children! The PTA is currently looking for volunteers to run stalls and events—please consider lending a hand if you can, we would really appreciate it and all money raised goes back to the children.

We wish you all a wonderful and restful weekend. See you on Monday at 8.40am.

Best wishes,

Ms. Ayla

Head of School



Dates for your diary

Monday 3rd November 2025	Tuesday 4th November 2025	Wednesday 5th November 2025	Thursday 6th November 2025	Friday 7th November 2025
Odd Sock Day KSI French Club	Zebras swimming	Choir Club KS2 French Club	FAB PTA Meeting 7pm	Children in Need Wear something Yellow/Spotty

Attendance % & Number of Children Lates

Ladybirds	98.0%	3
Butterflies	97.4%	4
Dragonflies	93.0%	1
Owls	98.0%	0
Squirrels	96.7%	3
Koalas	97.1%	0
Kookaburras	99.5%	4

Narwhals	91.8%	2
Penguins	95.7%	3
Dolphins	99.1%	0
Sharks	94.7%	4
Whales	92.6%	3
Giraffes	93.5%	4
Lions	98.9%	1
Zebras	94.4%	3
Eagles	88.8%	3
Falcons	91.6%	2
Hawks	98.8%	1

Challenge– Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!



Term dates & Lunch Menu

Illuminateminds Trust - Term Dates 2025/26

September 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
36	1	2	3	4	5	6	7
37	8	9	10	11	12	13	14
38	15	16	17	18	19	20	21
39	22	23	24	25	26	27	28
40	29	30					

October 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		

November 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

December 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
49	1	2	3	4	5	6	7
50	8	9	10	11	12	13	14
51	15	16	17	18	*19	20	21
52	22	23	24	25	26	27	28
1	29	30	31				

January 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

February 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	

March 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23	24	25	26	27	28	29
14	30	31					

April 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			

May 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31

June 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					

July 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	*17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		

August 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
31						1	2
32	3	4	5	6	7	8	9
33	10	11	12	13	14	15	16
34	17	18	19	20	21	22	23
35	24	25	26	27	28	29	30
36	31						

INSET DAYS

HOLIDAYS

*School finishes at 1pm on 19/12/25 & 17/07/26



NOVEMBER TO MARCH 2026

NOURISH



WEEK ONE

3 Nov
24 Nov
15 Dec
19 Jan
9 Feb
9 March
30 March

MONDAY
Chicken Pie 1 Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9
Crushed Potato Cauliflower, Carrots
Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

TUESDAY
Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9
Rainbow Pasta 1 Seasonal Vegetables
Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

WEDNESDAY
Roast Gammon & Gravy Broccoli Tot 1,7 V Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Peas
Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

THURSDAY
Beef Bolognese Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9
Green Beans Grated Carrots
Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

FRIDAY
Pork Sausages 1,6 Vegetable Sausage VG Jackets with a Choice of Toppings 7,8,9
Chips, Sweetcorn, Baked Beans Cucumber Sticks
Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG

WEEK TWO

10 Nov
1 Dec
5 Jan
26 Jan
23 Feb
16 March

MONDAY
Caribbean Brown Chicken Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9
Rice, Carrots, Peas
Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

TUESDAY
Cheese & Broccoli Pasta Bake 1,7 V Buffalo Cauliflower Wings & Wedges VG Jackets with a Choice of Toppings 7,8,9
Seasonal Vegetables
Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

WEDNESDAY
Roast Chicken & Gravy Ratatouille Puff 1,3 VG Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes Broccoli, Carrots
Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

THURSDAY
Beef Stew & Dumpling 1 Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9
Cauliflower, Green Beans
Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

FRIDAY
Salmon Bites 1,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Coleslaw 9
Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG

WEEK THREE

17 Nov
8 Dec
12 Jan
2 Feb
2 March
23 March

MONDAY
Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9
Rice, Green Beans, Mixed Salad
Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

TUESDAY
Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7,8,9
Sweetcorn, Peppers
Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

WEDNESDAY
Roast Pork & Gravy Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Green Beans, Carrots
Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

THURSDAY
Beef Cottage Pie Herby Tomato Pasta 1 VG Jackets with a Choice of Toppings 7,8,9
Seasonal Vegetables
Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

FRIDAY
Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Grated Carrot
Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG

Primary 3

1 Wheat 2 Gluten 3 Crustaceans 4 Soybean 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat 16 Barley 17 Gluten VG Vegan V Vegetarian

AVAILABLE DAILY

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



Information

Attention Parents/Guardians

Some Arbor registration emails are going straight to your spam boxes.

Another way of logging on is to download the Arbor App onto your phone or search for Arbor on your PC or iPad.

Enter your email address and click forgotten password. It will then ask you to verify your child's date of birth and you should then be in.

Admission to Reception in September 2026

Children born between 1 September 2021 and 31 August 2022 will be due to start in Reception in September 2026. The application period will be open on 1 September 2025 and the closing date is 15 January 2026.

Apply on line at:

<https://www.eadmissions.org.uk/>

More information visit:

<https://www.bexley.gov.uk/services/schools-and-education/primary-schools/starting-primary-school>

Sign of the Week



Information

Health and Wellbeing: Girls Event

Oxleas
NHS



Oxleas is inviting girls aged 10-17 to help us design a listening event made by and for young girls

The aim of the workshop is to co-produce a pop-up event and space for girls, bespoke to meeting their needs and areas of interest, to listen and hear from them around issues affecting their health and wellbeing.

If you are interested in being involved, please can you either scan the QR code, or send us an email - oxl-tr.cypparticipation@nhs.net



10 Top Tips for Parents and Educators

GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

- 1 CELEBRATE DIFFERENCES**
Help young people value diversity by showing that what makes us different is what will make us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.
- 2 MODEL RESPECT**
Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a leading example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to see.
- 3 SPOT THE SIGNS**
Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unaddressed.
- 4 VALIDATE FEELINGS**
When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel nervous or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.
- 5 TEACH ALLYSHIP**
Show children how to stand up for others in safe, respectful ways. Allyship might look like always next to someone who's been excluded, reporting harmful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.
- 6 PROMOTE REPORTING**
Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and not reporting bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.
- 7 ENCOURAGE KINDNESS**
Every play act of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.
- 8 USE YOUR VOICE**
Encourage young people to speak up for themselves and others. Whether through story writing, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.
- 9 BUILD COMMUNITY AND BELONGING**
Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.
- 10 SUSTAIN THE CONVERSATION**
Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert
Robert Allsup is an experienced pastoral and safeguarding practitioner, specialising in trauma, behaviour interventions, and attendance management. A recipient of the Dialect Award for Anti-Bullying, he has helped raise awareness and engage CYP across in some of the country's most challenging schools and colleges.

#WakeUpWednesday
The National College

Useful resources list on our website
@wake_up_weds /www.thenationalcollege @wake.up.wednesday @wake.up.weds
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.12.2022

Attached with this week's Newsletter is the Wake-Up Wednesdays guide on "Guiding Young Voices to Make a Difference" and Oxleas Health & Wellbeing: Girls Event

FAB PTA

Please email our.fab.pta@gmail.com if you are interested in joining our PTA Meeting or helping at the Christmas Fair



Where: Fairford Academy Barnehurst
Date & Time: 13th November @ 7 PM via ZOOM

Topic:
Christmas Fair & Movie Night

- Agenda
- Planning
 - Expectations
 - Availability
 - Getting volunteers

FAB PTA'S

Christmas Fair

Friday 5th December

15:00-17:00

Support our school and create lasting memories at our Christmas Fair!

Family Event
Free Entry



If you would like to speak to a member of the leadership team please contact:
fairfordadmin@illuminateminds.org