



Newsletter

Friday 3rd October 2025

Dear Parents and Carers,

What a wonderful week it has been at school! A huge well done to everyone who took part in our Times Table Rock Stars: Children vs. Teachers Challenge – the enthusiasm and competitive spirit from both children and staff was brilliant to see.

Our newly elected Pupil Parliament had a very special visit from our local MP, Daniel Francis. The children asked thoughtful questions about his journey into politics and what it's like working as an MP. This year, the Parliament will be working closely with Mr Lilley and Ms Aujla to represent our pupils' voice, and we're thrilled that they will even have the opportunity to visit the Houses of Parliament later in the year.

It's been another exciting week of learning beyond the classroom too:

- Sharks Class visited the Cutty Sark
- Zebras Class explored the British Museum
- Year 6 took part in a Transport for London workshop
- Year 1 enjoyed a fantastic Toy Workshop yesterday

We're also looking forward to seeing lots of carved pumpkins next week ahead of our spooky discos – it's not too late to book! If you'd like to help support these events, please do get in touch with our PTA.

Finally, a huge thank you for your continued patience with the building work. We're pleased to let you know that Year 2 will be back in their normal classrooms next week.

Wishing you all a lovely, restful weekend.

Ms. Aujla

Head of School



Dates for your diary

Monday 6th October 2025	Tuesday 7th October 2025	Wednesday 8th October 2025	Thursday 9th October 2025	Friday 10th October 2025
	Individual/Sibling Photos Zebras swimming	Flu Vaccinations Choir Club EYFS Spooky Disco 3:15-4:15 YR 1&2 Spooky Disco 4:30-5:00	YR3&4 Spooky Disco 3:15-4:15 YR5&6 Spooky Disco 4:30-5:00	

FAB 16th October
Special School Visit!

Zack from **Zactiv** is coming to our school! (aka Steel from BBC Gladiators!)

What is Zactiv?

Zack is bringing his Zactiv Workshop, designed to help you become your strongest self — inside and out!

ZACTV
ANYTHING IS POSSIBLE

GLADIATORS

☆ Bexley SEND Marketplace Event

Come along and meet local services and organisations supporting children and young people with special educational needs and disabilities in Bexley!

Date and times: Monday 6th October 2025

- **10am – 11am - Only professionals** working with or supporting children/young people with SEND including local authority staff, teachers, sencos, education professionals, social workers, health professionals etc
- **11am – 2pm – Open to everyone** including professionals, parent/carers and young people

NEW VENUE: Danson Youth Centre, Brampton Road, Bexleyheath.

No need to book, just come along!

Bexley SEND Events

Please see following links for further information.

<https://www.bexleylocaloffer.uk/Services/7294>

<https://www.bexleylocaloffer.uk/Training>

Attendance % & Number of Children Lates

For W/E 03/10/25

Ladybirds	91.1%	2
Butterflies	89.3%	1
Dragonflies	92.1%	1
Owls	96.0%	2
Squirrels	90.8%	1
Koalas	93.6%	3
Kookaburras	92.6%	1

Narwhals	94.3%	6
Penguins	95.6%	0
Dolphins	95.2%	0
Sharks	91.7%	3
Whales	92.5%	3
Giraffes	82.7%	0
Lions	88.4%	2
Zebras	94.7%	4
Eagles	93.5%	4
Falcons	94.8%	1
Hawks	98.4%	1

Challenge- Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!



Term dates

Illuminateminds Trust - Term Dates 2025/26

September 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
36	1	2	3	4	5	6	7
37	8	9	10	11	12	13	14
38	15	16	17	18	19	20	21
39	22	23	24	25	26	27	28
40	29	30					

October 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		

November 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

December 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
49	1	2	3	4	5	6	7
50	8	9	10	11	12	13	14
51	15	16	17	18	*19	20	21
52	22	23	24	25	26	27	28
1	29	30	31				

January 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

February 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	

March 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23	24	25	26	27	28	29
14	30	31					

April 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			

May 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31

June 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					

July 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	*17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		

August 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
31						1	2
32	3	4	5	6	7	8	9
33	10	11	12	13	14	15	16
34	17	18	19	20	21	22	23
35	24	25	26	27	28	29	30
36	31						



INSET DAYS

HOLIDAYS

*School finishes at 1pm on 19/12/25 & 17/07/26

Lunch menu

**APRIL TO
OCTOBER 2025**



WEEKLY MENU



NOURISH
SHOW WITH US

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>21ST APRIL 12TH MAY 9TH JUNE 30TH JUNE 21ST JULY 15TH SEPTEMBER 22ND SEPTEMBER 13TH OCTOBER</p>	<p>Mild Chili Beef Tomato & Herb Penne Pasta 1 VG Jacket with a Choice of Toppings 7,8,9</p> <p>Rice, Mixed Peppers, Peas</p> <p>Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Chicken Pesto Pasta Shells 1,7 Rice & Bean Burrito & Wedges 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Green Beans, Carrots</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1, Sweetcorn, Coleslaw 9</p> <p>Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 or Salmon Fish Cake 1,7,8 Cheese & Tomato Pinwheel 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Cucumber</p> <p>Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG</p>
<p>28TH APRIL 19TH MAY 16TH JUNE 7TH JULY 8TH SEPTEMBER 29TH SEPTEMBER 20TH OCTOBER</p>	<p>Vegetable Nuggets with Katsu Sauce 1VG Onion Bhajis with Katsu Sauce VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Rice, Carrots, Peas</p> <p>Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Crushed Potatoes Seasonal Vegetables</p> <p>Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Chicken & Gravy Roasted Vegetable Hot Pot VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes Broccoli, Carrots</p> <p>Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>BBQ Pulled Pork Loaded Wedges Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Coleslaw 9</p> <p>Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Tuna Penne Pasta 1,7,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Grated Carrot</p> <p>Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG</p>
<p>5TH MAY 2ND JUNE 23RD JUNE 14TH JULY 15TH SEPTEMBER 6TH OCTOBER</p>	<p>Pork & Beef Bolognese Pasta Shells 1 Cheese & Pesto Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Baked Wedges Seasonal Vegetables</p> <p>Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Caribbean Chicken Curry Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Green Beans, Carrots</p> <p>Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Gammon & Gravy Samosa Puff 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Cabbage, Swede</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Macaroni Cheese 1,7 V Coconut & Spinach Biryani 6 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Mixed Peppers</p> <p>Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Chicken Bites 1 Cheese & Cauliflower Nuggets 7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Sweetcorn, Coleslaw 9</p> <p>Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>

WE ♥ VEGGIES



AVAILABLE DAILY

1 Wheat 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat 16 Barley 17 Gluten 18 Vegan V Vegetarian

Primary Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

Information

Admission to Reception in September 2026

Children born between 1 September 2021 and 31 August 2022 will be due to start in Reception in September 2026. The application period will be open on 1 September 2025 and the closing date is 15 January 2026.

Apply on line at:

<https://www.eadmissions.org.uk/>

More information visit:

<https://www.bexley.gov.uk/services/schools-and-education/primary-schools/starting-primary-school>

What Parents & Educators Need to Know about EA SPORTS FC 26 PEGI 3

Our guide looks at the risks surrounding EA Sports FC 26 and our top tips to minimise them. This marks the third year since EA left the FIFA licence, and the game is mostly unchanged from last year. While Kick-Off mode is great for playing with friends and Career Mode allows players to fulfil long-term ambitions as a manager or player, Ultimate Team remains the main draw for many players – and it can get out of hand in terms of how much money players can invest.

WHAT ARE THE RISKS?

AN ANNUAL RELEASE SCHEDULE
As was the case with the last two EA Sports FC games and the FIFA series, before FC, the franchise rolls out once a year with a similar model and free-to-play. This can make it difficult to keep up with, particularly when so many additional players are seen to get their hands on the latest edition.

VOICE CHAT
Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with. While it can be switched off, some children will not want to speak to their friends while they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviour.

IN-GAME PURCHASES THROUGH ULTIMATE TEAM
Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, limited-edition packs will be regularly added as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

SCAMMERS IN ULTIMATE TEAM
Ultimate Team is managed by EA Sport, but their most frequent customers have nothing to do with players out of money and looking for some shortcuts. EA's terms of service, while strict, will not cover anything the developer is still looking to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

POTENTIAL FOR ADDICTION
While EA Sports FC is potentially addictive, thanks to its fast-paced gameplay and mixing of the real-world skill and glamour of football, Ultimate Team's focus on limited-time rewards and the allure of winning packs can make it feel closer to gambling than games, which may need to be monitored and regulated.

Advice for Parents & Educators

PREPARE FOR ANOTHER GAME IN A YEAR
The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term. If children are enjoying themselves and preparing for a new year of school, it seems particularly well-timed in the summer. EA Sports FC 26 could make a great reward.

MONITOR VOICE CHAT
As in-game chat is open, be sure to check the settings in EA Sports FC 26 to lock it down. If children want to chat with their friends while they play, consider setting up a safe space for them to chat, to allow them to play without fear of outsiders.

LIMIT SPENDING
If you're worried about children accidentally spending real money in Ultimate Team, whether in game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a headache to claim, and the expense of opening many packs with EA's animations means one purchase can lead to another very quickly. It's also worth holding a prepaid card if you'd prefer them to make their own choices with their budget.

BE VIGILANT
As with last year, there are ways to keep scammers at bay. Ensure passwords are locked down, and consider using a parental manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspicious ones. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial sources – using too many third-party accounts being banned and could cost players money in the process.

Meet Our Expert
Uziel Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new apps, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including iD, TechRadar, and plenty more.

Wake Up Wednesday The National College

Sign of the week 'Respect'



Attached with this week's Newsletter in ParentMail is the Wake-Up Wednesdays guide on "EA Sports FC 26"

Year 6 - Secondary Transfer Online Applications – Closing date 11.59pm 31 October 2025

You must remember to apply online for secondary schools for your Year 6 child.

The deadline is **11.59pm 31 October 2025**.

The link is <https://www.eadmissions.org.uk/>

The link below is for the Admissions booklet, which contains extensive information on the admissions process.

<https://www.bexley.gov.uk/services/schools-and-education/secondary-schools/starting-secondary-school>

FAB PTA

These are the events we would like to do this year but without volunteers some may not go ahead.

Autumn Term 1

02.09.25-17.10.25

18th Sept - PTA Meeting
8th&9th Oct - School Discos
17th Oct - Own Clothes Day

Autumn Term 2

03.11.25-19.12.25

13th Nov - PTA Meeting
5th Dec - Christmas Fair
19th Dec - Own Clothes Day



£1 Entry!



**PUMPKIN
CARVING
COMPETITION**

MONDAY 6TH OCTOBER

Winner from each year group!



OUR FAB PTA



Please make sure entry money and pumpkins are clearly labeled with Child's Name and class

FAB PTA
SPOOKY DISCO

LET'S GET SPOOKY



Wed 8th October

EYFS 3:15PM-4:15PM YR1&YR2 4:30PM-5:30PM

Thurs 9th October

YR3&YR4 3:15PM-4:15PM YR5&YR6 4:30PM-5:30PM

Pre Booking price £3

£3.50 on door



Items will be on sale
prices will start from 50p

We cannot take responsibility for any lost items or money
and cannot dictate what your children buy



BREAK THE RULES DAY
50P FINE PER RULE

Must Wear School Uniform

Smart Hair Only

No Nail Varnish

School Shoes Only

No Temp Tattoos

LAST DAY OF TERM
17th OCTOBER 2025



If you would like to speak to a member of the leadership team please contact:
fairfordadmin@illuminateminds.org

