

Fairford Academy Barnehurst

Newsletter Friday 10th January 2025



Dear Parents and Carers,

Welcome back to Spring term 1 and a Happy New Year from all of the staff at Fairford!

We have kick started the new year with curriculum super starts. There are some photos of the memorable experiences on page 4, it was lovely to see such a buzz of enthusiasm around the school on the first day back! Please do follow us on social media for more updates and footage, we are on Facebook, Instagram and Tok-tok.

As you will know we have introduced Class Dojo, please do sign up if you haven't already, this is another form of communication with the Class Teacher, although we do still operate our open door policy as always.

I would like to thank those families who consistently ensure that their children are in school on time every day, this has a huge impact. We will be challenging late comers, making daily calls and home visits as part of our commitment to improve attendance. Whilst this may be frustrating, just know that we are doing this for the children. If you need support please come in and see us.

From next Friday Baby and Toddler Stay and Play sessions will begin again, every Monday morning and Friday afternoon. We are really looking forward to building more links with the local community.

I hope you all have a lovely weekend.

Regards,

Ms A. Auja
Head of School

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Dates for your diary



Monday 13th January 2025	Tuesday 14th January 2025	Wednesday 15th January 2025	Thursday 16th January 2025	Friday 17th January 2025
<p>Baby & Toddler Stay & Play Session 9.30am—11.00am</p> <p>Eagles trip to HMS Belfast</p>	<p>Falcons trip to HMS Belfast</p> <p>*3.20 Football Club for Year 5 & Year 6</p>	<p>Hawks trip to HMS Belfast</p> <p>9.15am Parents Attendance Coffee Morning (all welcome)</p> <p>*3.20 Phonics Booster Club for Year R (4pm finish)</p> <p>Homework Club Year 6 By invite only (4pm finish)</p> <p>*Mindfulness Colouring Year 3 & Year 4</p>	<p>Lions Swimming Lesson</p> <p>Young Voices Choir Years 4, 5 & 6</p>	<p>Year 5 Trip to London Zoo</p> <p>Baby & Toddler Stay & Play Session 1.30pm—3.00pm</p>

*These clubs were bookable via IRIS ParentMail. You will receive email confirmation to confirm your place. These clubs will run from 3.20pm to 4.15pm. Children are to be collected from outside the main office when the club finishes.

Attendance % & Number of Children Late

Ladybirds	88.1%	3	Narwhals	93.5%	5
Butterfly	96.0%	5	Penguins	98.4%	3
Dragonfly	94.7%	5	Polar Bears	98.3%	2
Owls	93.8%	0	Dolphin	97.8%	1
Squirrels	97.8%	8	Shark	92.8%	8
Kangaroos	95.8%	2	Whale	91.5%	3
Koalas	96.7%	1	Giraffe	88.4%	5
Kookaburras	96.2%	1	Lion	94.0%	5
			Zebra	98.2%	3
			Eagle	92.9%	4
			Falcon	91.7%	4
			Hawk	96.0%	1

For w/e: 10/01/25



Challenge— Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!

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Menu



WEEKLY MENU

NOURISH
GROW WITH US
NOVEMBER 2024
TO MARCH 2025

LOOK OUT FOR OUR THEMED DAYS!

WEEK ONE

- 4TH NOVEMBER
- 2ND DECEMBER
- 6TH JANUARY
- 3RD FEBRUARY
- 10TH MARCH

MONDAY

- Cheese & Bean Lasagne 1,3,4,7,9 V
- Sweet Potato & Chick Pea Curry VG
- Jackets with a Choice of Toppings 7,8,9
- Rice, Sweetcorn, Peppers
- Rice Pudding & Syrup 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

TUESDAY

- Beef Stew & Dumpling 1
- Pesto Pasta Bake 1,7 V
- Jackets with a Choice of Toppings 7,8,9
- Herby Bread 1,3,7,9, Green Beans, Carrots
- Apple Crumble 1 VG & Custard 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

WEDNESDAY

- Roast Gammon & Gravy
- Falafel Burger 1,5 VG
- Jackets with a Choice of Toppings 7,8,9
- Rustic Roast Potatoes
- Cauliflower, Broccoli
- Fruit Jelly VG
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

THURSDAY

- Chicken Arabiatta Pasta 1
- Biryani Balls in a Curry Sauce 1,5 VG
- Jackets with a Choice of Toppings 7,8,9
- Seasonal Vegetables
- Chocolate & Vanilla Cake 1,7
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

FRIDAY

- Fish Fingers 1,8
- Cheese & Tomato Puff 1,7 V
- Jackets with a Choice of Toppings 7,8,9
- Chips, Peas, Baked Beans, Coleslaw 9
- Ginger Biscuit 1,15 VG
- Yoghurt 3,7
- Fruit Pots VG

WEEK TWO

- 11TH NOVEMBER
- 9TH DECEMBER
- 13TH JANUARY
- 10TH FEBRUARY
- 17TH MARCH

MONDAY

- Chicken & Sweetcorn Pie 1
- Herby Tomato Pasta Twists 1 VG
- Jackets with a Choice of Toppings 7,8,9
- New Potatoes, Carrots, Peas
- Ice Cream 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

TUESDAY

- Mild Chilli Beef 4
- Pesto & Pea Penne 1,7 V
- Jackets with a Choice of Toppings 7,8,9
- Rice, Seasonal Vegetables
- Toffee Apple Pudding 1 VG & Custard 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

WEDNESDAY

- Roast Chicken & Gravy
- Vegan Sausage Roll 1 VG
- Jackets with a Choice of Toppings 7,8,9
- Rustic Roast Potatoes
- Cabbage, Sweetcorn
- Chocolate Crispy Cake 1,3,7,16
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

THURSDAY

- Macaroni Cheese 1,7 V
- Rice & Bean Burrito 1 VG
- Jackets with a Choice of Toppings 7,8,9
- Baked Wedges
- Green Beans, Cauliflower
- Fruit Loaf 1,3,7,9
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

FRIDAY

- Salmon Fish Cake 1,7,8
- Margherita Pizza 1,3,7,9 V
- Jackets with a Choice of Toppings 7,8,9
- Chips, Peas, Baked Beans, Carrot Stricks
- Jaffa Biscuit 1 VG
- Yoghurt 3,7
- Fruit Pots VG

WEEK THREE

- 18TH NOVEMBER
- 16TH DECEMBER
- 20TH JANUARY
- 24TH FEBRUARY
- 24TH MARCH

MONDAY

- Katsu Chicken Nugget 1
- Cheesy Pasta Bake 1,7 V
- Jackets with a Choice of Toppings 7,8,9
- Rice, Sweetcorn, Peppers
- Chocolate Whip 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

TUESDAY

- Cheese & Onion Pinwheel 1,7 V
- Spagheti Vegetable Bolognese 1 VG
- Jackets with a Choice of Toppings 7,8,9
- New Potatoes, Green Beans, Carrots
- Syrup Sponge 1 VG & Custard 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

WEDNESDAY

- Savoury Beef & Yorkshire Puddings 1,17,9
- Samosa Puff 1 VG
- Jackets with a Choice of Toppings 7,8,9
- Rustic Roast Potatoes, Cabbage, Peas
- Fruit Jelly VG
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

THURSDAY

- Sweet Chilli Chicken Noodles 1,3,16
- Potato & Vegetable Cake
- Jackets with a Choice of Toppings 7,8,9
- Garlic Bread 1,3,7,9, Seasonal Vegetables
- Cinnamon Roll 1,3,7,9
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

FRIDAY

- Sausages 1,6
- Quorn Sausage 1 VG
- Jackets with a Choice of Toppings 7,8,9
- Chips, Peas
- Baked Beans, Roasted Onions
- Apple Flapjack 1,15 VG
- Yoghurt 3,7, Fruit Pots VG

WEEK FOUR

- 25TH NOVEMBER
- 30TH DECEMBER
- 27TH JANUARY
- 3RD MARCH
- 31ST MARCH

MONDAY

- Margherita Pizza 1,3,7,9 V
- Meatfree Meatballs in Tomato Sauce VG
- Jackets with a Choice of Toppings 7,8,9
- Rainbow Pasta 1 VG, Sweetcorn, Peppers
- Strawberry Mousse 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

TUESDAY

- Chicken Curry
- Tomato Spagheti 1 VG
- Jackets with a Choice of Toppings 7,8,9
- Rice, Seasonal Vegetables
- Banana Loaf 1 VG & Chocolate Custard 7
- Mr Nourish Biscuit 1 VG
- Fruit Pots VG

WEDNESDAY

- Roast Pork & Gravy
- Chinese Tofu Wrap 1,3,16 VG
- Jackets with a Choice of Toppings 7,8,9
- Rustic Roast Potatoes
- Green Beans, Carrots
- Ice Cream 7
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

THURSDAY

- Beef Bolognese Penne Pasta 1
- Cheesy Cajun Wedges 4,7 V
- Jackets with a Choice of Toppings 7,8,9
- Cauliflower, Broccoli
- Jam & Vanilla Cake 1 VG
- Mr Nourish Biscuit 1 VG
- Yoghurt 3,7, Fruit Pots VG

FRIDAY

- Fish Fingers 1,8
- Bruschetta 1,7 V
- Jackets with a Choice of Toppings 7,8,9
- Chips, Peas
- Baked Beans, Coleslaw 9
- Coconut Cookie 1,7
- Yoghurt 3,7, Fruit Pots VG

AVAILABLE DAILY: Selection of Salads 9, Homemade Bread 1,3,7,9. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and cereals. Please discuss with your manager.

VG Vegan V Vegetarian
1 Wheat Gluten 2 Custardians 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeries/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten



Allergen Accreditation

EAT YOUR VEGGIES!



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Some of our Fabulous 'Super Start' photos





Lumi Nova in Oxleas

Since launching the [self-sign up](#) pathway earlier this year, **over 250 families across 30 schools** have accessed Lumi Nova in Greenwich and Bexley! A **big thank you** to those who have promoted the offer in your school and signposted families.

Who? The accessibility and inclusivity of Lumi Nova mean young people who may not use other services are able to find the support they need.

- 55% of [sign-ups](#) are maleS
- Nearly 30% of users are from ethnic minority backgrounds
- 12% report themselves as having a disability

What?

The goals families select provides amazing insight into the worries impacting young people in Greenwich and Bexley

So what?

Parents are asked to complete weekly surveys to help us understand the impact of Lumi Nova (CORs)

- Average improvement of 2.70
- 85% of families reported of parents reported a reliable improvement / non deterioration

Top 5 Goals Selected	%
Be ok with making a mistake on school work	16.32%
Feel comfortable going to school	11.00%
Feel comfortable visiting a busy or crowded place	10.14%
Be comfortable speaking in front of a group	9.45%
Be able to sleep on their own	9.28%

Families who have used Lumi Nova have shared:

"The game made it much easier to talk generally about things she was worried about - especially things related to school." - Parent in Gloucestershire

"Less anxiety around new people." - Parent in Hertfordshire

"Seems more confident generally and more willing to do things they just wouldn't do before. Able to talk about why they feel worried too." - Parent in Sunderland

"He's more willing to talk and show vulnerabilities." - Parent in London



What can you do to help?

Did you know Lumi Nova can support your Whole School Approach by helping students build confidence and learn lifelong skills to manage their worries?

There are lots of ways to learn more and embed Lumi Nova into your school's wellbeing offer:

Spread the Word: Check out the [Lumi Nova Resource Kit](#) for resources to support you to share Lumi Nova with other professionals and families.

Stay connected: Subscribe to the [Lumi Nova Newsletter](#) and follow us on [Facebook](#) and [Twitter](#) for new resources and updates.

Learn More: Join a [Lumi Nova Discovery](#) for professionals to learn more about the offer.



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Information / Reminders



What Parents & Educators Need to Know about

JUSTALK KIDS

ClassDojo

Please remember to sign up to Class Dojo. For the link, please check your ParentMails

What Parents & Educators Need to Know about JUSTALK KIDS

JUSTALK KIDS is a child's version of the JustTalk app – a highly popular social networking platform – designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JustTalk account to their child's user name and parental controls, it's important to understand the risks associated with the app.

- WHAT ARE THE RISKS?**
- SUBSCRIPTION FOR PREMIUM ACCESS**
- POTENTIAL DATA LEAKS**
- RESISTANCE TO CONTROLS**
- CYBERBULLYING**
- KNOWING THE PARENT PASSCODE**
- TOO MUCH SCREEN TIME**

Advice for Parents & Educators

- JUSTIFY THE CONTROLS**
- DO'S AND DON'TS OF SHARING**
- TALK ABOUT ONLINE FRIENDSHIPS**
- ENCOURAGE OPEN COMMUNICATION**

Meet Our Expert: **The National College**

10 Top Tips for Parents and Educators USING AND REVIEWING PARENTAL CONTROLS

Parents and caregivers are essential parts of children's lives, but with unlimited internet access comes a multitude of risks. While not foolproof, parental controls can help with this, limiting but not eradicating content, limiting the ability to spend too much money, keeping screens time and generally making devices safer for young people.

- 1. KNOW YOUR DEVICE
- 2. SET UP PARENTAL CONTROLS
- 3. MONITOR USAGE
- 4. SET TIME LIMITS
- 5. NO CONTROLS ARE PERFECT
- 6. NO CONTROLS ARE PERFECT
- 7. MIND GAPS
- 8. KEEP WHAT ARE THE RISKS?
- 9. REVIEW REGULARLY
- 10. KNOW WHEN TO LET APPROPRIATE CONTENT

Please remember to bring PE kits to school on your PE days



These posters are attached in the ParentMail with this week's Newsletter

What Parents & Educators Need to Know about GROUP CHATS

Group chats have become a popular way for friends and family to stay connected. However, they also present unique risks for children and young people. It's important for parents and educators to understand these risks and how to manage them.

- 1. KNOW YOUR DEVICE
- 2. SET UP PARENTAL CONTROLS
- 3. MONITOR USAGE
- 4. SET TIME LIMITS
- 5. NO CONTROLS ARE PERFECT
- 6. NO CONTROLS ARE PERFECT
- 7. MIND GAPS
- 8. KEEP WHAT ARE THE RISKS?
- 9. REVIEW REGULARLY
- 10. KNOW WHEN TO LET APPROPRIATE CONTENT

Advice for Parents & Carers

- CONSIDER OTHERS' FEELINGS**
- BE SUPPORTIVE, NOT JUDGEMENTAL**
- BLOCK, REPORT AND LEAVE**
- PRACTISE SAFE SHARING**
- AVOID INVITING STRANGERS**
- SILENCE NOTIFICATIONS**

Meet Our Expert: **The National College**



Information / Reminders



Fairford Academy Barnehurst 

Reception 2025 Tour dates

Is your child due to start school in September 2025?

Come and visit our fabulous, friendly, inclusive school. Speak to our staff and children, view our amazing learning environments and have a tour of our extensive school grounds.

Daytime tours
Thursday 7th November & Tuesday 3rd December
9.30-10.30am, 11-12pm or 1.30-2.30pm

Evening tours
Tuesday 19th November 4-5pm
Thursday 5th December 5-6pm

Saturday tours
Saturday 16th November 9.30-11.30am
Saturday 11th January 9.30-11.30am

For more information or to book a place please contact:
fairfordadmin@illuminateminds.org
01322 333998



APPLYING FOR SCHOOL

The application deadline of **Wednesday 15th January** is fast approaching for you to apply for a

school place in Reception for **September 2025**

Apply online at <https://www.bexley.gov.uk/services/schools-and-education/primary-schools/starting-primary-school>

Our Next
Tour Date



If you would like to speak to a member of the school leadership team please email

fairfordadmin@illuminateminds.org



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