



# Newsletter

Friday 12th January 2024



@ourFABschool

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Dear Parents/Carers,

Happy New Year! I hope you had a good Christmas and managed to spend some treasured time with loved ones. It was wonderful to welcome the children back on Friday last week and it's like they've never been away. We've hit the ground running with our 'Super Starts' this week.

## Attendance Update

This term we will continue to work tirelessly to improve attendance. Attendance for the Autumn term exceeded our expectations which was really pleasing. This term we will be running further initiatives to reward pupils with good attendance. The attendance leagues have started again and the classes at the top of each leagues at the end of the half term will celebrate with a popcorn party.

## Punctuality

We will be continuing to monitor punctuality as well as attendance. The school gates open daily at 08:40 and lessons start promptly at 09:00. Please make sure your child is at school on time so that they do not miss out on learning time.

## Reporting Absences

If your child is unwell and not able to attend school, it is essential that parents call the office first thing in the morning to let us know. If we do not have contact and are then unable to contact you this may become a safeguarding concern.

## Staffing Update

I am thrilled to share some new regarding recent staffing changes at FAB. Miss Izzy Taylor was successful in becoming our new SENCo Assistant. Miss Taylor will support Ms Aujla to ensure all children within our school receive Excellence Every Day. Miss Sydney Maldon has joined us from Pelham Primary School as our Assistant Head Teacher for raising standards across the school as well as being our Year 1 Hedgehogs Class teacher. I am also excited to announce that Miss Rhea Taylor has joined our school as a SEN TA. All these members of staff will be around before and after school for you all to say hello.

## Next week

Next week on Thursday 18<sup>th</sup> January 2024 we will be hosting our PTA coffee morning from 9.30am. I truly hope as many of you as possible are able to attend to discuss further PTA events and maybe join the wonderful team.

Best Wishes.

Mr Robinson - Head Teacher.

Delivering Excellence Everyday



# Attendance



Class	%
Butterfly	90.8
Dragonfly	83.2
Hedgehogs	98.3
Owls	86.8
Squirrels	89.2
Kangaroos	88.1
Koalas	91
Kookaburras	93.4
Narwhals	88.9
Penguins	93.3
Polar Bears	94.8
Dolphin	92.4
Shark	90.4
Whale	96.3
Giraffe	95
Lion	90.8
Zebra	88
Eagle	94.5
Falcon	93.8
Hawk	92.7

## Attendance Reporting

If you are reporting your child absent, you will need to contact the school office and speak directly with a member of staff during office hours.

However, if you phone outside of office hours, please leave a voicemail and we will contact you during the school day.

This is part of our safeguarding procedure and part of our strategy to work with parents / carers on ensuring good attendance for all pupils.

It's great to see everyone working so hard to achieve the target of 100% We can only do this if we all work together!

# Diary Dates

Monday 15th January	Tuesday 16th January	Wednesday 17th January
	<p>3.20pm – 4.15pm</p> <p>*Tag Rugby for Years 5 &amp; 6</p> <p>~</p> <p>3.20pm – 4.00pm</p> <p>*Meditation Club Years 1 &amp; 2</p> <p>*Recorder Club Years 1 &amp; 2</p>	<p>School Nurses mop up session for Height and Weight checks YR &amp; Y6</p> <p>~</p> <p>3.20pm – 4.00pm</p> <p>*Go Wild Forest School Years 1 &amp; 2</p> <p>~</p> <p>3.20pm – 4.15pm</p> <p>*Homework Club Y4</p>

Thursday 18th January	Friday 19th January
<p>9.30am – 10.30am</p> <p>PTA Coffee Morning</p> <p>~</p> <p>Theme Day School Lunch</p> <p>~</p> <p>Giraffes Swimming Lesson</p> <p>~</p> <p>3.20pm – 4.00pm</p> <p>*Pilates Club Years 1 &amp; 2</p> <p>*Football Club Years 5 &amp; 6</p> <p>~</p> <p>3.20pm – 4.15pm</p> <p>Choir</p>	<p>3.20pm – 4.15pm</p> <p>*Theatre Club Years 3 &amp; 4</p> <p>*Chess Club Years 3 &amp; 4</p>

\* All clubs need to be booked via IRIS ParentMail—these are now full

# CELEBRATING 20 YEARS

**NOURISH**  
Established 2003

OCT 23 TO MAR 24



# WEEKLY MENU



Oshes marked with any of the following numbers contain the matching allergen.

- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Nuts
- 12 Cereals/Celery
- 13 Muts
- 14 Lupins
- 15 Out Gluten
- 16 Barley/Gluten

Allergan Accreditation

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Vegetable Lasagne 1.5, 2, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 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619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000	Chicken Stew & Dumpling 1 Pesto Pasta Bake 1, 2, 9 Jackets with a Choice of Toppings 7, 8, 9	Mixed Beef & Yorkshire Pudding 1, 2, 9 Lentil & Bean Loaf 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Rustic Roast Potatoes Cauliflower, Broccoli Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 1, 2	Pasta Carbonara 1, 2 Falafel Wrap 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 New Potatoes Seasonal Vegetables Chocolate Swirl 1, 2 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 1, 2	Fish Fingers 1, 8 Cheesy Bean Slice 1, 2, 9 Jackets with a Choice of Toppings 7, 8, 9 Chips, Peas Baked Beans, Cole Slaw 9 Ginger Biscuit 1, 2, 5 Yoghurt 1, 2 Fruit Pots
<b>Week 2</b>	Macaroni Cheese 1, 2, 9 Rice & Bean Burrito 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Baked Wedges Seasonal Vegetables Ice Cream 7 Yr Flourish Biscuit 1 Fruit Pots	Chicken Noodles 1, 2, 4, 6 Vegetable Mugglets & Tomato Sauce 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Rainbow Rice, Carrots, Peas Tofee Apple Pudding 1, 9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Roast Pork & Gravy Roast Vegetable Yorkshire Pudding Wrap 1, 2, 9, 4 Jackets with a Choice of Toppings 7, 8, 9 Rustic Roast Potatoes Cabbage, Sweetcorn Popcorn & Raisin Pot Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 1, 2	<b>Theme Day</b> <b>See next page</b>	Salmon Risotto 8 Margherita Pizza 1, 2, 9, 4 Jackets with a Choice of Toppings 7, 8, 9 Chips, Peas, Baked Beans Cucumber Sticks Jaffa Biscuit 1 Yoghurt 1, 2 Fruit Pots
<b>Week 3</b>	Cheese & Tomato Garlic Dough Balls 1, 2, 9, 4 Spaghetti Vegetable Bolognese 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 New Potatoes Green Beans, Carrots Chocolate Whip 7 Fruit Pots, Yr Flourish Biscuits 1	Chicken Curry Tomato & Herb Pasta 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Rice, Sweetcorn Onion Slaw Jam Sponge 1, 9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Roast Gammon & Gravy Cheese & Onion Pinwheel 1, 2, 9, 4 Jackets with a Choice of Toppings 7, 8, 9 Rustic Roast Potatoes Cabbage, Peas Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 1, 2	Chicken & Sweetcorn Pie 1 Pesto Pasta 1, 2, 9, 4 Jackets with a Choice of Toppings 7, 8, 9 New Potatoes Seasonal Vegetables Sweet Potato Cake 1, 9 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 1, 2	Sausages 1, 6 Quorn Sausage 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Chips, Peas, Baked Beans Roasted Onions Apple Flapjack 1, 2, 5 Yoghurt 1, 2 Fruit Pots
<b>Week 4</b>	Margherita Pizza 1, 2, 9, 4 Vegetable Bryan 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Rainbow Pasta 1 Sweetcorn, Peppers Strawberry Mousse 7 Yr Flourish Biscuit 1 Fruit Pots	Fish Fingers 1, 8 Bruschetta 1, 2, 9, 4 Jackets with a Choice of Toppings 7, 8, 9 Chips, Peas Baked Beans, Cole Slaw 9 Caramel Cookie 1, 2 Fruit Pots, Yoghurt 1, 2	Roast Chicken & Gravy Vegan Sausage Roll 1, 4, 6 Jackets with a Choice of Toppings 7, 8, 9 Rustic Roast Potatoes Green Beans, Carrots Fruity Cornflake Cake 1, 2 Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 1, 2	Bolognese Penne Pasta 1 Cheesy Cajun Wedges 4, 2, 9 Jackets with a Choice of Toppings 7, 8, 9 Cauliflower, Broccoli Jam Swirl 1 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 1, 2	Fish Fingers 1, 8 Bruschetta 1, 2, 9, 4 Jackets with a Choice of Toppings 7, 8, 9 Chips, Peas Baked Beans, Cole Slaw 9 Caramel Cookie 1, 2 Fruit Pots, Yoghurt 1, 2

**We are on Week 2 this week**

**Theme Day See next page**



KEEP PG Vegan V Vegetarian  
Just before Daily: Selection of Salads 9, Homemade Bread 1, 3, 7, 9.  
Some of our schools may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and cereals. Please discuss with your manager.

# BRON WITH US NOURISH



## NUMBERS FESTIVAL

### MENU

THURSDAY 18TH JANUARY 2024

**Beefburger 1,5,6**

60% burger + 40% bun = 100% delicious

+++

**Cheese & Tomato Wrap Stack Triangles 1,7**

How many sides are there?

+++

**Jacket Potato with a Choice of Toppings 7,8,9**

+++

**Spaghetti Zeros 1**

**Sweetcorn & Peas**

**Jacket Wedges**

+++

**Millionaire Biscuit 1,7**

**Ice Cream 7**

**Fruit Pots**

**Yoghurt 7**

Allergen code: 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame  
6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs  
12 Celiac/Celery 13 Nuts 14 Lupines 15 Oat Gluten 16 Barley Gluten

Complete the Sudoku Puzzle correctly and take to the counter at lunchtime to be entered into a draw for a prize.

Every row, column and mini-grid must contain the numbers 1 to 4. Don't guess - use logic!

	4	2	
2			3
1			4
	3	1	

How many Mr Nourishes are on this flyer?

Name: \_\_\_\_\_

Class: \_\_\_\_\_